



ROTARY CLUB OF KOLHAPUR

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ROTARY HERALD

WEEKLY BULLETIN 2024-25



Rtn. Stephanie Urchick
Rotary International President



Rtn. Arunkumar Goenka
President



Rtn. Sahil Gandhi
Secretary



Rtn. Sharad Pai
District Governor (RID 3170)

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04 OCT 2024

SINGER PROJECT INAUGURATION

The Rotary Club of Kolhapur, in collaboration with The New Education Society and Singer India Ltd., has established a Fashion Designing Institute at the Padmaraje High School campus. The institute offers a six-month course that not only trains students in various aspects of fashion design and stitching but also awards them a certificate from the Government of India's Skill India program.

The course was inaugurated on October 4th by DGE Rtn. Arun Bhandare and Mr. Vinodkumarji Lohia. Mr. Nirmal Lohia and Rtn. Nitin Wadikar represented the society's management committee. From Rotary, Assistant Governor Rtn. Rahul Kulkarni, President Rtn. Arunkumar Goenka, Secretary Rtn. Sahil Gandhi, Vocational Service Director Rtn. Shobha Arvind, PDG Rtn. Pratap Puranik, and Rotarians Subhash Malu, Pradeep Karande, Nilesh Kutte, Amit Mate, Arvind Taral, Harshad Dhale, Sunita Goenka, and Narayan Patodia attended the ceremony. Ann. Vaishali Taral and Ann. Gayatri Puranik were also present. The entire project is being led by Rtn. Abhijeet Hawal, and the machines were donated by PDG Pratap Puranik.



08 OCT 2024

AMBULANCE DONATION

On October 8th, On behalf of Rotary club of Kolhapur, the Unity Small Finance Bank and Centrum Foundation demonstrated their commitment to community welfare by donating an Ambulance to the Rajshree Shahu Blood Centre. Rtn. Mahindra Parmar, Chairman RSBC accepted the Ambulance on behalf of Rajarshi Shahu Blood Centre with the auspicious hands of Chief Guest, Rtn. Dr. Lenny Da Costa, District Governor 2026-27. The program also welcomed other distinguished guests, including Rtn. Rahul Kulkarni-AG, Rtn. Subhash Kutte, Director of Unity Small Bank, Archana Goyal, Company Secretary & CSR Head of USFB, and Neetu Mathew, Lead of Planning & Strategy at USFB, Rtn. Arunkumar Goenka, President RCK, Rtn. Sahil Gandhi, Secretary RCK. The presence of members of the RC Kolhapur, the directors of the RSSK, directors and officers of RSBC, and the Unity team further enriched the event. Their collaboration represents a monumental step toward enhancing healthcare services. The dignitaries were thanked warmly for their vital support and presence, acknowledging their role in making a meaningful difference in the community. At the end of the ceremony, the Directors of Rajshree Shahu Blood Bank presented the Unity Team with a replica of the ambulance, symbolizing their gratitude and the shared commitment to improving healthcare. This gesture highlighted the strong partnership and lasting impact of the donation.



08 OCT 2024

WHEELCHAIR DONATION

Rtn. Amit Mate donated a wheelchair for the needy through Rotary club of Kolhapur, reflecting his generous spirit and dedication to helping others. Members of Rotary club of Kolhapur were present for the Donation. Wheel Chair was doanted at the hands of Rtn. Dr. Lenny Da Costa, District Governor 2026-27 and Rtn. Rahul Kulkarni-AG



08 OCT 2024

VISIT TO RSSK

Rtn. Dr. Lenny Da Costa and the Team of Unity Small Finance Bank paid a visit to Rotary Samaj Seva Kendra. They were proud to see the activities that Rotary club of Kolhapur is doing through its trust. They encouraged the club to carry on such good activities.



09 OCT 2024

KARNABADHIR SCHOOL STUDENTS PERFORMANCE AT MAHALAXMI MANDIR

आपल्या रोटरी क्लब ऑफ कोल्हापूर पुरस्कृत, रोटरी समाज सेवा केंद्र संचलित, कै.कमलाकर नेवगी कर्णबधिर शिशुविद्यालयाच्या विद्यार्थ्यांनी देवस्थान व्यवस्थापन समिती, पश्चिम महाराष्ट्र कोल्हापूर. आयोजित, श्री करवीर निवासिनी महालक्ष्मी अंबाबाई मंदिरामध्ये नवरात्रोत्सवा निमित्त सांस्कृतिक कार्यक्रमांमध्ये विविध नृत्यविष्कार तसेच स्पीच सादर करून देवी चरणी सेवा अर्पण केली.

यावेळी रोटरी क्लब कोल्हापूरचे प्रेसिडेंट रो.अरुणकुमार गोयंका, रोटरी समाजसेवा केंद्राचे अध्यक्ष रो.सुभाष मालू, शाळेचे चेअरमन रो.जेठालाल पटेल, व्हा. चेअरमन रो. सुरेश गुळवणी त्याचप्रमाणे रोटरी क्लब कोल्हापूर, रोटरी समाजसेवा केंद्र व शालेय समितीचे सर्व पदाधिकारी सदस्य व रोटरीयन यांची विशेष उपस्थिती होती.

शाळेचे चेअरमन, तसेच व्हा.चेअरमन आणी सौ. गायत्री पुराणिक यांच्या संकल्पनेनुसार या सांस्कृतिक कार्यक्रमाकरिता अत्यंत कमी वेळात विशेष प्रयत्न करून शाळेकरिता परवानगी मिळवण्याचे कार्य रो.अरविंद तराळ व वैशाली तराळ यांनी केले त्याबद्दल त्यांचे विशेष आभार.

त्याचप्रमाणे माननीय जिल्हाधिकारीसो, कोल्हापूर तसेच देवस्थान व्यवस्थापन समिती, पश्चिम महाराष्ट्र कोल्हापूर यांनीही आमच्या शाळेतील कर्णबधिर दिव्यांग मुलांना प्रोत्साहन देणे तसेच जनजागृती करणे या उद्देशाने परवानगी दिली त्याबद्दल त्यांचेही मनस्वी आभार.

या कार्यक्रमाला उपस्थित राहून सर्व मान्यवरांनी, रसिक प्रेक्षकांनी व भाविकांनी प्रचंड प्रोत्साहन दिले त्याबद्दल त्यांचे तसेच कमी वेळात मुलांकडून सराव करून छान कार्यक्रम पार पाडण्यासाठी कष्ट घेणारे सर्व शिक्षक तसेच शिक्षक इतर कर्मचारी यांचेही आभार.



09 OCT 2024

WEEKLY MEETING

व्याख्यानाचा विषय "मनःशांती" होता. पहिला मुद्दा "लाइफस्टाइल मॉडिफिकेशन" होता, ज्यामध्ये अन्न, व्यायाम आणि मनशांती यांचा समन्वय साधल्यास जीवनशैलीत सकारात्मक बदल होतो. सरांनी सांगितले की, धार्मिक ग्रंथ वाचल्यास मनःशांती मिळते. याचे उदाहरण देताना ते म्हणाले की, ग्रंथांतील ओळींचा अर्थ वयाप्रमाणे बदलतो, आणि आध्यात्मिक वाचनानुळे मन शांत होते.

आपली प्राचीन शास्त्रे इंग्रजांच्या शैक्षणिक बदलांमुळे दुर्लक्षित झाली, परंतु ती मनःशांतीसाठी महत्त्वाची आहेत. सरांनी शांततेचे काही पुरावे दिले, जसे की झोपताना त्वरित झोप लागणे आणि उठल्यावर पोट रिकामे होणे.

मनःशांती मिळवण्यासाठी काही उपाय सांगितले:

स्वीकार: परिस्थिती किंवा लोकांबद्दल 'का' हा प्रश्न विचारण्याऐवजी त्यांना स्वीकारणे.

समजुतीची विस्तृती: आपण बरोबर असलो तरी इतरही बरोबर असू शकतात, असे गृहीत धरावे.

स्वतःची स्थिती: जगात आपण एक साधा प्यादा आहोत असे समजून अहंकार सोडल्यास मन शांत होते.

नशीब: काही गोष्टी नशिबावर सोडाव्या लागतात, आणि हे स्वीकारल्यास मनःशांती मिळते.

तुलना न करणे: ताकदवान आणि दुर्बल यांच्यात तुलना केली नाही तर शांतता लाभते.

सोडून देणे: काही गोष्टी सोडून दिल्यास मनःशांती मिळते.

शून्य सिद्धांत: काही गोष्टी कमी होतात तर काही जास्त होतात, हा जीवनाचा नैसर्गिक नियम आहे.

संतुलित दृष्टिकोन: यशाने माजू नये आणि अपयशाने खचू नये.

सकारात्मक विचार: झोपताना सकारात्मक विचार केल्यास मेंदूवर आणि शरीरावर सकारात्मक परिणाम होतो.

शेवटी, सरांनी सांगितले की, मनःशांती मिळवण्याचे हेच मार्ग नसून इतरही असू शकतात.

रोटेरियन डॉ. आर. एस. पाटील यांनी स्वागत केले, रोटेरियन डॉ. दिलीप शाह यांनी सर्व पाहुण्यांचे व रोटेरियन्सचे सहकार्याबद्दल आभार मानले. रोटेरियन हरिश्चंद्र शर्मा यांना भाग्यवान रोटेरियन म्हणून सन्मानित करण्यात आले.



09 OCT 2024

HYDROTHERAPY MEETING

Hydrotherapy Committee meeting took place on wednesday. Various matters related to hydrotherapy were discussed. Rtn. Subhash Malu, Rtn. Amol Ghodake and Rtn. Ajinkya Kadam were present for the meeting.



GLOBAL ROTARY AT GLANCE

WHY (RI YEAR) BEGINS ON 1 JULY?

Though it was conceptualized by Rotary International in 1912, it is a Worldwide phenomenon for every District and Club to ensure the Audits are done on time.

At its August 1912 Meeting, the Rotary International Board of Directors ordered an Audit of the International Association of Rotary Clubs' Finances. The Auditors recommended that the Organization end its fiscal year on 30 June to give the Secretary and Treasurer Time to Prepare a Financial Statement for the Convention and Board and determine the proper number of Club Delegates to the Convention.

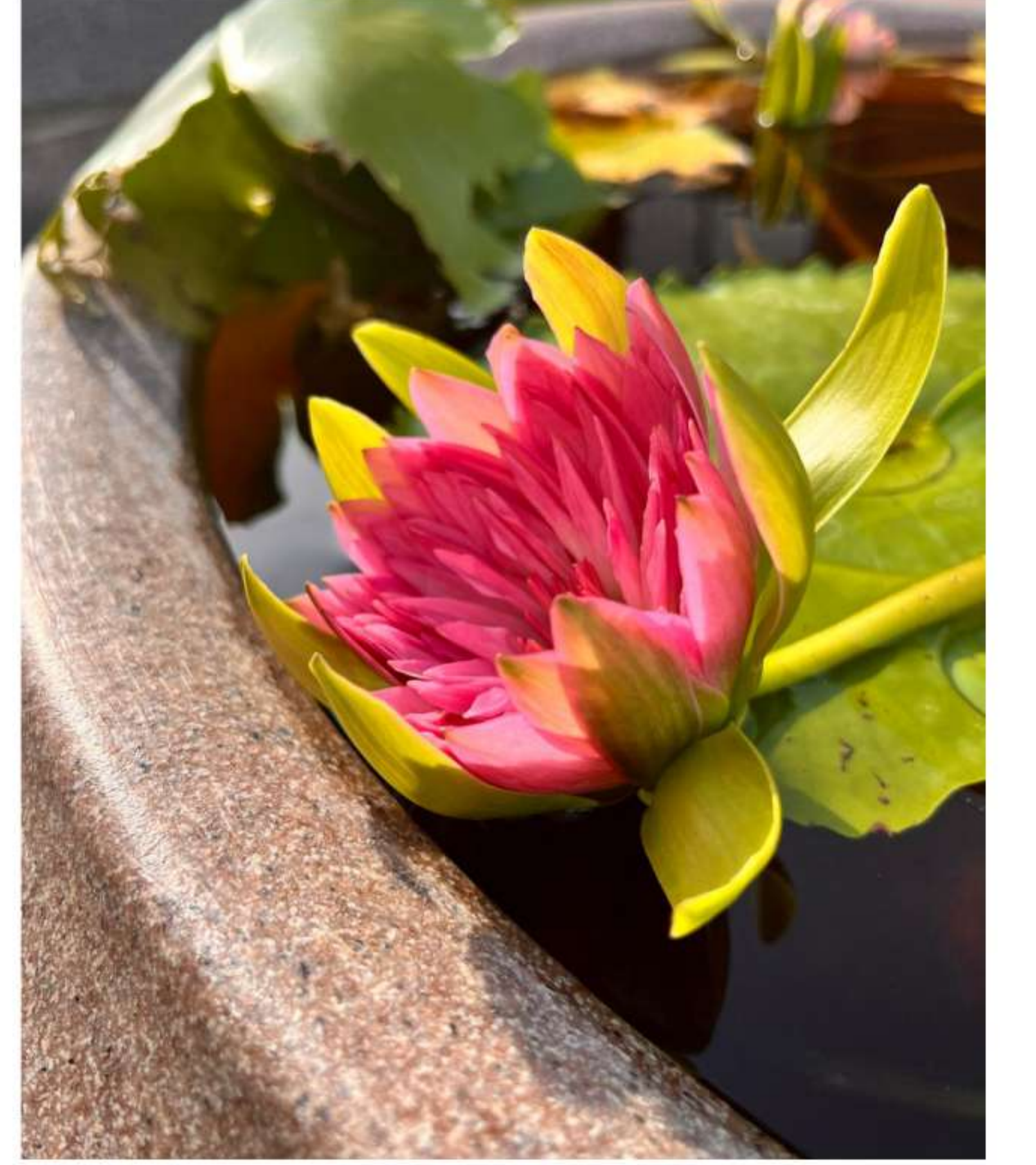
ACHIEVEMENTS CORNER

पुणे आणि हिमाचल प्रदेश येथे झालेल्या राज्यस्तरीय व राष्ट्रीय कुराश स्पर्धेमध्ये कोल्हापूरच्या कृष्णनाथ व निहारिका यांना पदके

कोल्हापूरचे कृष्णनाथ पोतदार आणि निहारिका हावळ यांनी राज्यस्तरीय कुराश स्पर्धेत सुवर्ण पदक जिंकले. राष्ट्रीय स्पर्धेत कृष्णनाथने कांस्य पदक पटकावले, आणि निहारिकाची निवडही राष्ट्रीय स्पर्धेसाठी झाली. या यशामध्ये कोल्हापूर जिल्हा ज्युडो असोसिएशन आणि रोटरी समाज सेवा केंद्राचे मोलाचे सहकार्य मिळाले.



Shreya Mahamuni



Neha Bhosale



SONG OF MY HEART

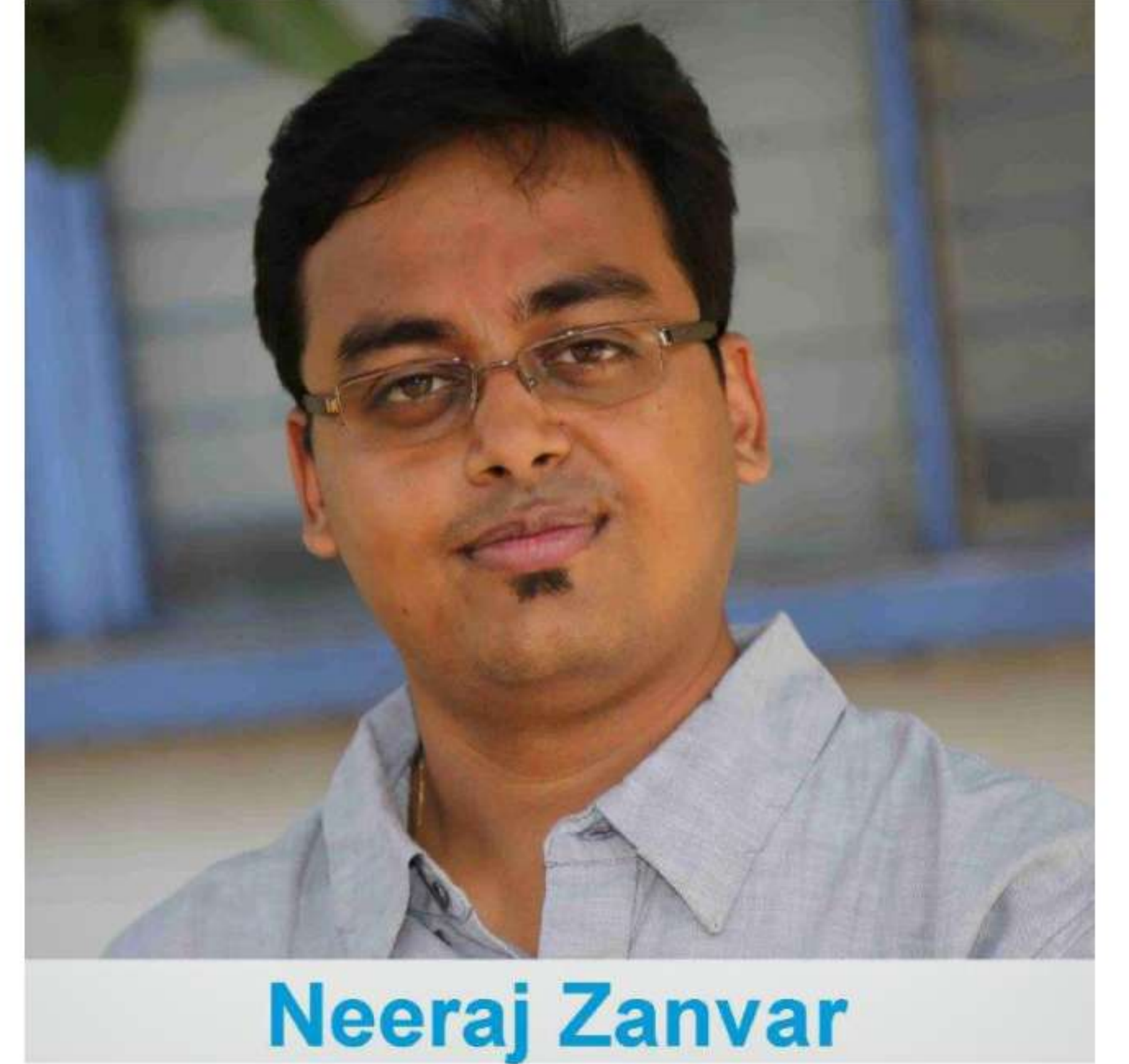
My favourite song is ' kal ho na ho '..As soon as cinema released I saw that song..Theme music of this song is awesome..I was 22 years old when I saw this song..

I especially liked lyrics of this song...and music is also amazing... The message given in that song is very relatable with each and every person.. Nowadays life is so unpredictable..So whatever moments you have at work front,in personal or social life...you should enjoy those moments fully...be happy... because हर घडी बदल रही है रूप जिंदगी...is the only truth..

I realised the truth when my grandfather passed away..He was my idol and I learnt so many life lessons from him... When he passed away I realised the life cycle..you should focus on work, social and family responsibilities but also you have a separate ME time to cherish your own life.....

This song has underlying sad tune...but speciality of the song is beats of song makes it philosophical and not just enhance sad mood...

That's the greatness of music...so this is song of my heart..



Neeraj Zanvar

Rtn. Neeraj Zanvar

RECIPES FROM THE PAST

BITTER GOURD -- NO MORE BITTER NOW

Ingredients-

Bitter gourd -4-5 big size	Dhana powder
Sheng dana kutta two table spoon	salt
Besan atta two table spoon	Coriander leaves finely chopped
Red chilli powder	Homemade imli chutney -15 gram
haldi	jaggery -10 gram
Kala masala/Boda masala	oil -5ml

Recipe-

Heat oil in a pan. Add besan atta and roast till it turns light brown and aroma starts coming. Cool it down.

Add Shengdana kutta,red chilli powder,haldi,kala masala, Dana powder,

salt ,coriander leaves finely chopped, homemade imli chutney, jaggery..in roasted besan atta. Mix properly. Cut bitter guard from one side don't make two pieces just slit it. Remove seeds from gourd. Fill mixture in deseeded gourd. in a cooker add some water and take a pot which can go in cooker. Put all field bitter guard in the pot and cook in pressure cooker for 5 to 6 whistles. It's ready to eat.

Believe me,it will taste yummm.No oily,no bitter bitter gourd.Just let me know, you liked it or not.

Jiya Zanvar



BIRTHDAYS NEXT WEEK

13 OCT Rtn Dr Sharad Topkar



**ROTARY CLUB OF KOLHAPUR'S
ROTARY SAMAJ SEVA KENDRA BUILDING**

NEXT MEETING

WEDNESDAY | 16 OCT 2024 | 05:30PM

GUEST SPEAKER



Mr. Anil Shinde

Director, Kolhapur Airport

Topic : Kolhapur Airport and its future developments

Venue : Smt. Kamal Govind Gundesha Hall, Madhav Prasad Goenka Bhavan, Rotary Samaj Seva Kendra, Kolhapur

Anil H. Shinde, Airport Director is serving in the Airports Authority of India for the last 33 years. Having served in the Communication, Navigation and Surveillance wing of the Airports Authority of India in various capacities at Mumbai's CSMIA, Chhatrapati Sambhaji Nagar's Aurangabad Airport, Pune Civil Enclave, Bhuj Civil Enclave, Aizawl's Lengpui Airport (Mizoram) then as Airport Director at North Lakhimpur's Lilabari Airport and now serving Airport Director, Kolhapur Airport. Besides having proficiency trainings on almost all the CNS facilities, the training certification on Safety, Annex 14 DGCA CAR Compliances, Green Field Airports are an added feat accomplished till date.

The illustrious contribution as an Air Traffic Safety Electronics Personnel is serving at Bhuj Airport during the Earth Quake of 26th Jan, 2001, Automation Systems at Mumbai Air Traffic Service Complex, ILS and Radar Projects at Mumbai and Aurangabad Airport. As an Airport Director the Safety and Security Compliances to set an Flying Training Organization in less than 8 months at Lilabari Airport and completion of the Kolhapur Airport's New Terminal Building are the latest feats.

The vision to serve Kolhapur Airport with its potential are put on an express track, which shall be shared in person.

EVENTS IN SEPTEMBER

Material Donation to RCC Mangewadi

Smt. Kamal Govind Gundesha Hall, Madhav Prasad Goenka Bhavan, Rotary Samaj Seva Kendra

16th Oct

DG Appreciation Awards and District Awards 2023-24

Hotel Sayaji

27 Oct

GET IN TOUCH

ROTARY CLUB OF KOLHAPUR

WE MEET EVERY WEDNESDAY AT 5.30 PM

OFFICE: Smt. Kamal Govind Gundesha Hall, Madhav Prasad Goenka Bhavan, Rotary Samaj Seva Kendra, Kolhapur

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